

Clinical Measures



**HEALTHY HEARTS
NORTHWEST**

Improving practice together

Ischemic Vascular Disease (IVD): Use of Aspirin or Another Antithrombotic CMS 164 NQF 0068

Percentage of patients 18 years of age and older who were discharged alive for acute myocardial infarction (AMI), coronary artery bypass graft (CABG) or percutaneous coronary interventions (PCI) in the 12 months prior to the measurement period, or who had an active diagnosis of ischemic vascular disease (IVD) during the measurement period, and who had documentation of use of aspirin or another antithrombotic during the measurement period.

Denominator

Patients 18 years of age and older with a visit during the measurement period, and an active diagnosis of ischemic vascular disease (IVD) or who were discharged alive for acute myocardial infarction (AMI), coronary artery bypass graft (CABG) or percutaneous coronary interventions (PCI) in the 12 months prior to the measurement period

No Exclusions

Numerator

Patients who have documentation of use of aspirin or another antithrombotic during the measurement period

No Exclusions

No Exceptions

Controlling High Blood Pressure CMS 165 NQF 0018

Percentage of patients 18-85 years of age who had a diagnosis of hypertension and whose blood pressure was adequately controlled (<140/90mmHg) during the measurement period.

Denominator

Patients 18-85 years of age who had a diagnosis of essential hypertension within the first six months of the measurement period or any time prior to the measurement period

Exclusion: Patients with evidence of end stage renal disease (ESRD), dialysis or renal transplant before or during the measurement period. Also exclude patients with a diagnosis of pregnancy during the measurement period.

Numerator

Patients whose blood pressure at the most recent visit is adequately controlled (systolic blood pressure < 140mmHg and diastolic blood pressure < 90 mmHg) during the measurement period.

No Exclusions

No Exceptions

Statin Therapy for the Prevention and Treatment of Cardiovascular Disease

CMS 347

Percentage of high-risk adult patients aged ≥ 21 years who were previously diagnosed with or currently have an active diagnosis of clinical atherosclerotic cardiovascular disease (ASCVD); OR adult patients aged ≥ 21 years with a fasting or direct Low-Density Lipoprotein Cholesterol (LDL-C) level ≥ 190 mg/dL; OR patients aged 40-75 years with a diagnosis of diabetes with a fasting or direct LDL-C level of 70-189 mg/dL; who were prescribed or are already on statin medication therapy during the measurement year.

Denominator

Denominator 1: Patients aged ≥ 21 years at the beginning of the measurement period with clinical ASCVD diagnosis
Denominator 2: Patients aged ≥ 21 years at the beginning of the measurement period with a fasting or direct laboratory result of LDL-C ≥ 190 mg/dL
Denominator 3: Patients aged 40 through 75 years at the beginning of the measurement period with Type 1 or Type 2 Diabetes with the highest fasting or direct laboratory test result of LDL-C 70 – 189 mg/dL in the measurement year or two years prior to the beginning of the measurement period

No Exclusions

Exceptions

Patients with adverse effect, allergy or intolerance to statin medication therapy

- *Patient who have an active diagnosis of pregnancy or breastfeeding*
- *Patients who are receiving palliative care*
- *Patients with active liver disease or hepatic disease or insufficiency*
- *Patients with End Stage Renal Disease (ESRD)*
- *Fasting or Direct LDL-C laboratory test result of < 70 mg/dL for Diabetes diagnosis who are not currently receiving statin medication therapy*

Numerator

Patients who are current statin medication therapy users or who receive an order (prescription) to receive statin medication therapy

No Exclusions

No Exceptions

Preventive Care and Screening: Tobacco Use: Screening and Cessation Intervention

CMS 138 NQF 0028

Percentage of patients aged 18 years and older who were screened for tobacco use one or more times within 24 months AND who received cessation counseling intervention if identified as a tobacco user

Denominator

All patients aged 18 years and older seen for at least two visits or at least one preventive visit during the measurement period

No Exclusions

No Exceptions

Numerator

Patients who were screened for tobacco use at least once within 24 months AND who received tobacco cessation counseling intervention if identified as a tobacco user

No Exclusions

Exceptions: Documentation of medical reason(s) for not screening for tobacco use (e.g., limited life expectancy, other medical reason)

Note: Exceptions only apply to the screening data element of the measure; once a patient has been screened, there are no allowable exceptions for not providing the intervention.