

CAREGIVERS IN IDAHO

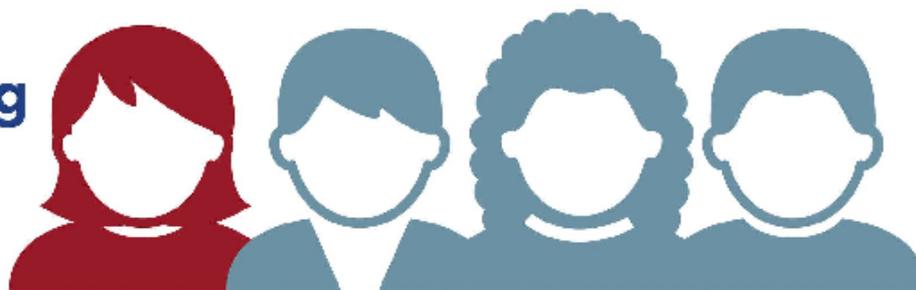
Idaho Caregiver Alliance

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Idaho Caregiver Alliance

Advancing the well-being
of caregivers by improving
access to quality support
and resources across the
lifespan.



1 in 4 of us are unpaid caregivers of
of family members with chronic
conditions or disabilities.

Caregivers and Population Health

Spectrum of Population Health



IDAHO DEPARTMENT OF HEALTH & WELFARE
 DIVISION OF PUBLIC HEALTH
 March 2016



Idaho Caregiver Alliance

- a statewide voice, convener, and catalyst for supporting these essential providers of care
- more than 50 public and private organizations and 250 individual members
- launched in 2013 with support from the Administration for Community Living
- led by the Idaho Commission on Aging in collaboration with the Center for the Study of Aging at Boise State University

Idaho Caregivers

- most juggle paid work and caregiving responsibilities
- provide estimated \$2 billion/year in unpaid care
- key to delaying readmissions and need for institutional care
 - more than 50% of Medicaid budget spent on institutional care*

* Medicaid Expenditures for Long-Term Services and Supports in FFY 2012, CMS, April 28, 2014. <http://www.medicaid.gov/medicaid-chip-program-information/by-topics/long-term-services-and-supports/downloads/ltss-expenditures-2012.pdf>

Work of the Alliance

- Statewide respite capacity and needs assessments
- Caregiver Summits in northern and eastern Idaho
- Linked with 2-1-1-Careline, Idaho No Wrong Door (NWD), and Statewide Healthcare Innovation Plan (SHIP)
- Pilot program of Emergency Respite with the Idaho Federation of Families for Children's Mental Health
- Endorsement of Alliance and Caregiver Task Force by Idaho Legislature (2015)
- Presentation of Caregiver Report to members of the Idaho Legislature (2016)

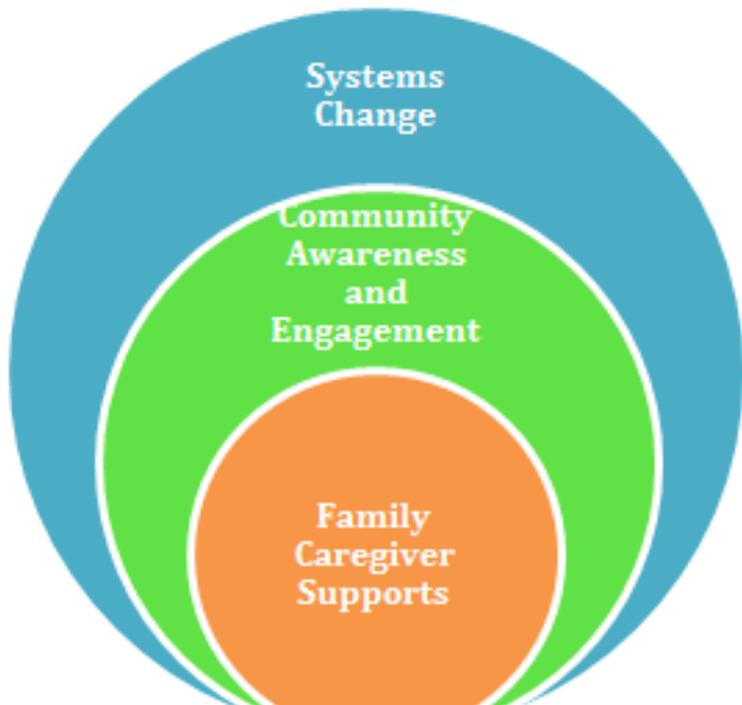
Caregiver Report: a collaborative effort

- AARP Idaho
- Ada County Community Paramedics
- Advocates for Families/Caregivers
- Area Agency on Aging - CSI
- Blue Cross of Idaho
- Caregivers
- Caregiver Support Agencies
- Center for the Study of Aging - BSU
- Community Partnerships of Idaho
- Disability Rights Idaho
- Friends in Action
- Home Care and Hospice Agencies
- Idaho Alzheimer's Planning Group
- Idaho Area Health Education Center
- Idaho Association of Counties
- Idaho Commission on Aging
- IDHW - Behavioral Health, Public Health, Medicaid
- Idaho Health Care Association
- Idaho Hospital Association
- Idaho Parents Unlimited
- Jannus
- Living Independence Network
- MS Society
- Northwest A.D.A. Center of Idaho
- Qualis Health
- Regence Blue Shield
- Senior Health Insurance Benefits Advisors (SHIBA)
- St. Luke's, Mountain States Tumor Institute
- Treasure Valley YMCA
- Veteran's Administration

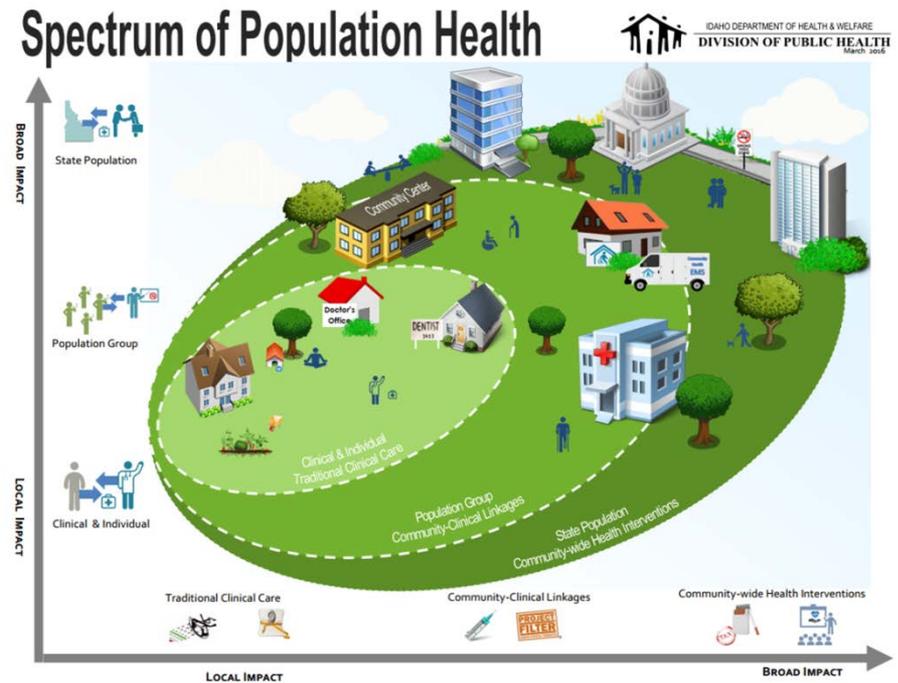
Taskforce Findings: gaps in resources

- Assistance is limited, fragmented and based mostly on the care recipient.
- Inadequate training and information for caregivers.
- Caregiver stress has costs.
- Non-profits have not been a sustainable resource.
- Respite resources are inadequate.
- Respite support is underfunded.
- No options for pediatric respite care in Idaho.

Task Force Recommendations



Network of Support for Unpaid Caregivers



Taskforce Recommendations

Supports For Family Caregivers

- Equip and expand a network of individuals who assist family caregivers to understand, access, and arrange complex services.
- Provide access to training for caregivers on fundamental care responsibilities and self-care strategies.

Community Awareness And Engagement

- Increase public awareness about caregiving including helping people identify as caregivers.

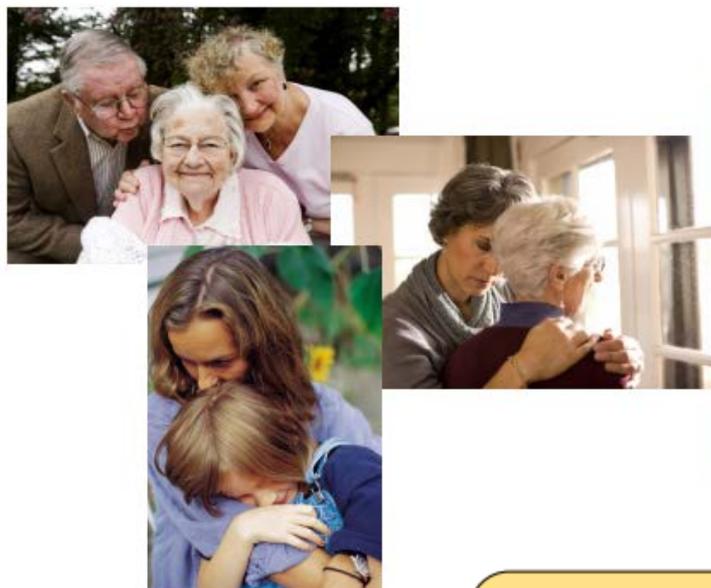
Taskforce Recommendations

Integration of Family Caregivers into Health Systems Transformations

- Influence health care providers to recognize family caregivers as member of the health care team.
- Build community resources with the medical-health neighborhood to support family caregivers
- Partner with SHIP Regional Health Collaboratives.
- Integrate the needs and contributions of unpaid family caregivers in other system transformation efforts.

Next Steps: Statewide Caregiver Training

Powerful Tools FOR Caregivers



Powerful Tools For Caregivers is an award-winning, evidence-based program that helps family caregivers:

- Reduce personal stress
- Communicate feelings and needs
- Use community services
- Deal with emotions such as anger, guilt and depression
- Make tough caregiving decisions

For information about the Powerful Tools for Caregivers project

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Going Forward: collaboration

Excerpts from the Population Health Workgroup Agenda

CHEMS, CHW, Telehealth Update	The CHEMS, CHW and Telehealth Workgroups have been actively working and this presentation will provide a more in-depth overview of their work.	Deeper understanding of the workgroup activities
Spectrum of Population Health	Present Final White Paper – discuss one-pager and other materials to be created	Create List
Population Health Data	Discuss the status of the Network of Care site and the display of the population health measures	Update on Network of Care
“Care Packages” for RCs	Discuss the potential for the creation of “care packages” for the RCs and PHDs to use with their clinics that provide an overview of what is available in each regional medical-health neighborhood.	Decision if “care package” is warranted
Member Sharing	Opportunity for members to share	Learn what members are doing
Next Meeting Agenda	Discussion about future agenda items: <ul style="list-style-type: none"> • Live Better Website –DHW • No Wrong Door • Inventory of work occurring in clinics 	Agenda items identified <i>Next meeting May 4</i>

Thank you

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